Your table of cover

	Level 1	Level 2	Level 3	Level 4	Level 5
Monthly premium for you	£13.43	£17.51	£21.65	£27.38	£43.91
Monthly premium for you and your partner	£24.80	£29.39	£38.18	£51.66	£73.36
Cover for up to four of your children under the age of 18			FREE		

Premiums include Insurance Premium Tax where applicable

myWellbeing Available to all levels of cover

Speak to a GP

Speak to a GP over the phone 24 hours a day, 7 days a week. If the GP privately prescribes you some medication, they can arrange for this to be delivered to you at home or at workw

Speak to a qualified counsellor over the phone 24 hours a day, 7 days a week

Wellbeing and lifestyle guidance

Speak to someone over the phone about your wellbeing, legal and financial challenges or relationship issues 24 hours a day, 7 days a week

We also have a range of health-related information and services which can be accessed through your online account

To help keep your eyes and teeth healthy	We pay	Ve pay Annual limit for each person					
Dental Includes check-ups and treatment, for example fillings, crowns and bridges, hygienist's fees, dentures	100%	£100	£120	£160	£190	£280	
Dental accident (3 month qualifying period) Treatment to help return your oral heath to its pre-accident state	of your receipt up to your annual limit	£100	£250	£500	£750	£1000	
Optical Includes sight tests, prescription glasses and contact lenses		£100	£120	£160	£190	£280	
To help you feel your best	We pay		Annual I	limit for eac	h person		
Physiotherapy, osteopathy, chiropractic, acupuncture You can use your annual limit for one or all of these treatments	50% of your receipt up to your annual limit	£295	£345	£420	£520	£770	
Chiropody / podiatry, homeopathy and reflexology Includes treatment and assessments, for example gait analysis, by a chiropodist or podiatrist as well as homeopathy and reflexology		£100	£125	£150	£200	£300	
To help you find out what's wrong	We pay		Annual I	limit for eac	h person		
Diagnostic consultation Consultant's fees for a diagnostic consultation that is to find or help to find the cause of your symptoms. Includes allergy testing	50% of your receipt up to your annual limit	£175	£200	£260	£320	£525	
X-rays and scans Consultant referred X-rays and scans (this does not include CT, MRI or PET scans)		£75	£90	£110	£250	£370	
To help you find out more about your health	We pay		Annual I	limit for eac	h person		
Health assessment Helps towards the costs of a detailed assessment of your health with a nurse, doctor or pharmacist. The benefit is not available to children	50% of your receipt up to your annual limit	£100	£125	£150	£200	£300	
To help you when you need it most	We pay						
Hospital Cash amount when you are admitted to hospital, or staying	For each day / night (max 20	Adult £28	Adult £35	Adult £40	Adult £60	Adult £90	
overnight with your child. Pre-existing conditions are excluded for the first 12 months	each year)	Child £14	Child £18	Child £20	Child £30	Child £45	
Medical apparel (maximum two items each policy year) Helps towards the costs of items that you need to wear for medical reasons	50% of your receipt up to your annual limit	£250	£300	£400	£500	£750	
Prescription charges Prescriptions issued by a GP or Dentist	100% of your receipt up to your annual limit	£8.60	£17.20	£25.80	£34.40	£43.00	
Redundancy premium protection (12 month qualifying period) We will cover the premiums for a maximum of six months in the event t is made redundant and subsequently unemployed	he policyholder	0	•	•	•	•	
To help you when your family grows							
New child payment (12 month qualifying period) One payment for each child if you or your partner have a baby or adopt		£175	£200	£250	£325	£450	
		£175	£200 £4.05	£250 £5.00	£325 £6.32	£450	
One payment for each child if you or your partner have a baby or adopt							

The joining age for this policy is from 18 years old up to 79. If anyone on the policy is aged 80 or over, you will not be able to increase the level of cover. You can find full policy details in the policy documents.

