Simplyhealth
All together healthier

You can get healthcare for you and your family

with a Simplyhealth Plan

Would you like:

Face-to-face check-ups or appointments,

for your eyes,
for your teeth,
or even a physio session

A Video GP service that is available anytime

Where 99% of our customers are offered appointments within 3 hours*

*Source: Square Health Analytics Report 02.06.2021

Access to a counsellor to have that important chat 24/7?

Would you like to get money back towards these healthcare costs?

Then you're in the right place! Our health plans give you the ability to claim money back towards the costs of health treatments as well as access virtual services 24/7, to help fit in with your lifestyle.

The app centre

Virtual services play an important part in our plans to enable all customers to reach the help they need every day, from the comfort of their homes. We want you to enjoy the benefits of good health, for the long term with Simplyhealth. Find out how our apps can help you.

We are, **all together healthier.**

SimplyConsult

by Simplyhealth

With the SimplyConsult app, not only can you have a video call with a qualified GP, you can also order and manage your repeat NHS prescriptions - delivery is free of charge. It's really straightforward and hassle free.

All you need to do is:

1. Register using your Simplyhealth details and complete your medical profile
2. Select "Video GP" under Health Services, then choose a day and time that suits you
3. You'll receive a text reminder 15 minutes before your appointment, and a 30 second countdown. To start your appointment, you just log into the App. When the "join" button turns purple, tap it to begin
4. After your appointment, you can view your notes in the app

The plan

Take a look at what our plan has to offer you. You can choose from a selection of levels so that you receive the right cover for you.

Just to let you know. This product meets the needs of someone who would benefit from support with everyday healthcare costs each year, such as routine dental check-ups and treatment; routine eye examinations and prescription eyewear; physiotherapy treatments; counselling service and access to a GP from the comfort of your own home.

Monthly premiums

Level 1	Level 2	Level 3
You **£16.70**	You **£21.80**	You **£26.90**
You and your partner **£30.85**	You and your partner **£36.55**	You and your partner **£47.45**
Up to four children **£1.50**	Up to four children **£1.50**	Up to four children **£1.50**

Level 4	Level 5
You **£34.00**	You **£54.60**
You and your partner **£64.20**	You and your partner **£91.20**
Up to four children **£1.50**	Up to four children **£1.50**

And there's more

Along with our app and your benefits you also get access to our myWellbeing portal:

Telephone counselling
You can speak to a qualified counsellor over the phone for support and advice. 24 hours a day, 7 days a week.

Wellbeing and lifestyle guidance
24/7 support over the telephone, covering everything from legal and financial challenges to wellbeing and relationship issues.

What's included?

Your benefits

		Level 1	Level 2	Level 3	Level 4	Level 5
Dental Includes check-ups and treatment, for example fillings, crowns and bridges, hygienist fees, dentures	**100%** of your receipt up to your annual limit	£100	£120	£160	£190	£280
Dental accident (3 month qualifying period) Treatment to help return your oral heath to its pre-accident state		£100	£250	£500	£750	£1000
Optical Includes sight tests, prescription glasses and contact lenses		£100	£120	£160	£190	£280
Physiotherapy, osteopathy, chiropractic, acupuncture You can use your annual limit for one or all of these treatments	**50%** of your receipt up to your annual limit	£295	£345	£420	£520	£770
Chiropody / podiatry, homeopathy and reflexology Treatment from an HCPC registered chiropodist / podiatrist, or treatment from a homeopath or reflexologist		£100	£125	£150	£200	£300
Diagnostic consultation Consultant's fees for a diagnostic consultation that is to find or help to find the cause of your symptoms. Includes allergy testing	**50%** of your receipt up to your annual limit	£175	£200	£260	£320	£525
X-rays and scans Consultant referred X-rays and scans (this does not include CT, MRI or PET scans)		£75	£90	£110	£250	£370
Health assessment Helps towards the costs of a detailed assessment of your health with a nurse, doctor or pharmacist	**50%** of your receipt up to your annual limit	£100	£125	£150	£200	£300
Hospital admission Cash amount when you are admitted to hospital	For each day / night (max 20 each year)	Adult £20 Child £14	Adult £20 Child £18	Adult £20 Child £20	Adult £20 Child £20	Adult £20 Child £20
Prescriptions charges Prescriptions issued by a GP or Dentist	**100%** of your receipt up to your annual limit	£10	£20	£30	£35	£45
New child payment (12 month qualifying period) One payment for each child if you or your partner have a baby, adopt or become legal guardians		£175	£200	£250	£325	£450

The joining age for this policy is from 18 years old up to 79. If anyone on the policy is aged 80 or over, you will not be able to increase the level of cover.

You can find full policy details in the policy documents.

How the plan works

Attend your healthcare or dental appointment and pay as usual

Upload your receipt and submit your claim online

Sit back, and wait for the payment to appear in your bank account

typically payment is made within 3 days

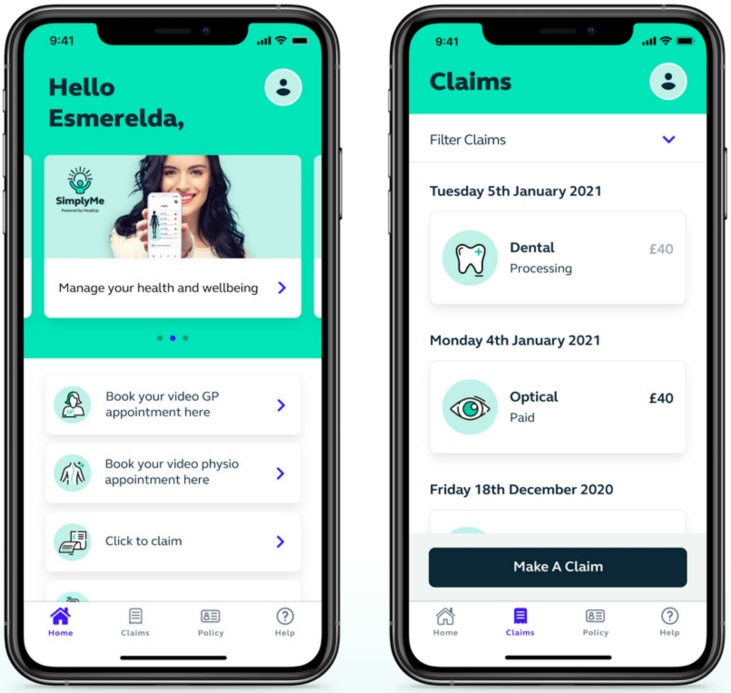
SimplyPlan
by Simplyhealth

With the SimplyPlan app you can streamline the admin for your health plan into one place.

Fast and easy claiming process. With the ability to track its progress

A place to manage your contact information, benefit entitlements and view your policy documentation

If you need any information about the benefits available to you as a plan holder, this is the place to go



To find out more, speak to our friendly team

0330 102 5325

or email

consumersales@simplyhealth.co.uk

Join today!

To start your plan or find out more information visit:

simplyhealth.co.uk

Simplyhealth
All together healthier

England Rugby
TRUSTED HEALTHCARE PARTNER

Part of these services are provided by a Third Party Supplier.

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